

A photograph showing three hands of different skin tones gently cupping a bright red, glossy heart. The hands are positioned around the heart, with fingers slightly curled, suggesting care and support. The background is a neutral, light-colored surface.

Music Mentoring

'Individual person centred sessions which nurture musical skills & interests, support learning and promote well-being'



For information, prices and to request a referral form, email:
admin@musicforgood.uk

Supporting **well-being** and learning **through music**

With more than 20 years' experience, Music for Good can provide one to one, small group trauma-informed provision in a range of settings across the age ranges



Education • Health • Community • Culture • Inclusion

We work in partnership to develop meaningful opportunities which place the participant at the centre.

We believe in the positive and life-changing powers of music.

We believe that all people, regardless of age, circumstance or background should be able to grow, live well and reach their potential.



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Music for Good

www.musicforgood.uk